

Central Nursing Orientation Outline
University of Minnesota Medical Center, Fairview
Acute Care Glycemic Management
90 minutes every other week

- I. Brief review of definition of diabetes and classifications of diabetes
- II. Blood Glucose Levels
 - A. Normal
 - B. Criteria for diagnosis of DM
 - C. Targets for acute care
- III. Outcomes of suboptimal glycemic management
- IV. Consistent Carbohydrate Meal Planning
 - A. CHO units
 - B. Insulin to CHO ratios
 - C. Prandial Bolus
- V. Basal/Bolus Insulin Management
 - A. Basal insulins
 - B. Bolus insulins
 - C. Correction scale
- VI. Oral hypoglycemic agents
 - A. Action-secretagogue, sensitizer, hypoglycemic agent, starch blocker
 - B. Critical alerts
- VII. Incretin Hormones